



An Tóchar G.A.A. Club

Code of Behaviour - Parents

Raising awareness of the appropriate behaviours expected of parents in An Tóchar GAA Club

Aim:

To have the co-operation of parents/guardians in creating an ideal participation environment for all our members.

GIVE RESPECT GET RESPECT

Parents/Guardians have an influential role to play in assisting and encouraging their children to adopt a positive attitude and in encouraging them to maintain an involvement in sport. They should always be a good role model for their children.

Parents/Guardians should encourage their child to:

- Play by the rules.
- Improve their skills levels.
- Appreciate everybody on their team, regardless of ability.
- Maintain a balanced and healthy lifestyle with regard to exercise, food, rest and play. Seek advice if necessary from club officials on this issue

Parents/Guardians should lead by example:

- Respect our coaches & match officials' decisions and encourage children to do likewise.
- Do not exert undue pressure on your child.
- Never admonish your own child or any other child for their standard of play.
- Be realistic in your expectations.
- Show approval for effort, not just results.

- Never embarrass a child or use sarcastic remarks towards a player.
- Applaud good play from all teams.
- Don't criticise playing performances. Identify how improvements may be made.
- Do not seek to unfairly affect a game or player.
- Do not enter the field of play or play area unless invited to do so by an official in charge.

Parents/Guardians should:

- Complete and return the registration/permission and medical consent forms for their child's participation in the club.
- Inform the mentors of any change in their child's medical or dietary requirements prior to coaching sessions, games or other activities.
- Ensure that their child is regular, punctual attendee at coaching sessions/games or other activities.
- Ensure players play & train with their own age group.
- Players may play with older age groups, when required, by agreement of player, parents & coaches.
- Provide their child with proper clothing and equipment.
- Ensure that the nutrition/hydration and hygiene needs of their child are met.
- Avoid asking a child or young person, 'How much did you score today or what did you win by or what did you lose by. Praise their effort & ask them 'did they enjoy themselves'. Show approval whether the team wins, loses or draws a game.
- Listen to what young people have to say.
- Sometimes you will not be able to drive your child to a match, please ensure to arrange alternative transport with a trusted adult & advise your coach(es) of this arrangement.

- Never attempt to meet their own needs and aspirations for success and achievement through their children's participation in games.
- Parents must make themselves aware of where to drop and collect their child ie designated coaching area, football pitch, indoor training hall etc.
- Provide up to date contact details to their Child's Coaches
- Parent / Guardian **MUST stay** with their child should there be any concern for the welfare of the child for example but not limited to a medical condition, an allergy etc.
- Parents must respect that digital content (for example but not limited to photographs, player profiles etc) can only be used on social media forums with the expressed permission of other parents/guardians/child/coaches etc.

Parents/Guardians should assist their club by:

- Showing appreciation to volunteers, mentors and club officials.
- Attending training and games on a regular basis.
- Assisting in the organising of club activities and events as requested.e.g. (transport to games/blitzes)
- Respect the rights, dignity and worth of every person and treat each one equally regardless of age, gender, ability, ethnic

origin, cultural background or religion.

Parents/Guardians have the right to:

- Know their child is safe and to make a complaint if they believe that their child's safety is in any way compromised.
- Be informed of problems/concerns relating to their child.
- Be informed if their child gets injured.
- express any concerns about coaching/coaches through our 'Club Grievance Procedure' (see club website)

**Everyone has a part to play
Players, Coaches, and Parents**