



An Tóchar G.A.A. Club

Anti-Bullying Policy 2018

Raising awareness of bullying as an unacceptable form of behaviour in An Tóchar GAA Club

Aim:

To have the co-operation of coaches, players and parents/guardians to counteract bullying

GIVE RESPECT GET RESPECT

GAA clubs have become increasingly aware of the issue of bullying and the detrimental impact it may have on those involved: i.e. Children, perpetrators, families, bystanders and the GAA in General

We will deal with any instances of bullying and in doing so will seek to counteract and prevent such unacceptable behaviour occurring. **It will not be tolerated under any circumstances.**

What is Bullying? Bullying behaviour can be defined as repeated aggression; be it verbal, psychological or physical, conducted by an individual or group against others.

Bullying contains seven Key Features:

1. An Intention to be harmful
2. This intention is carried out
3. The behaviour harms the target (the person or persons being bullied)
4. The bully overwhelms the target with his or her power
5. There is often no justification for the action
6. The behaviour repeats itself again and again
7. The bully derives a sense of satisfaction from hurting the target.

There are a number of types of bullying which may take part in a sports context these include:

1. Direct bullying e.g. physical or verbal
2. Indirect bullying e.g. intimidation or isolation
3. Verbal bullying e.g. slandering, ridiculing, slagging, teasing, name calling etc.
4. Physical bullying e.g. pushing, shoving, assaults, and damage to person's property.
5. Gesture bullying e.g. non verbal gestures/signs, glances which can convey threatening or frightening messages/intent
6. Bullying tactics to gain advantage
7. Tell lies about other children
8. Spread rumours.
9. Cheating/spitting
10. Racial bullying

All types of Bullying are unacceptable - all complaints will be dealt with in a fair and efficient manner through a number of stages:

1. Informal
2. Formal
3. Additional considerations

Parents/ Guardians are asked to co-operate with the club and speak to their child about our bullying policy and give them guidance to counteract bullying.

**Everyone has a part to play from Players,
Parents, Coaches, Match Officials and
Spectators.**